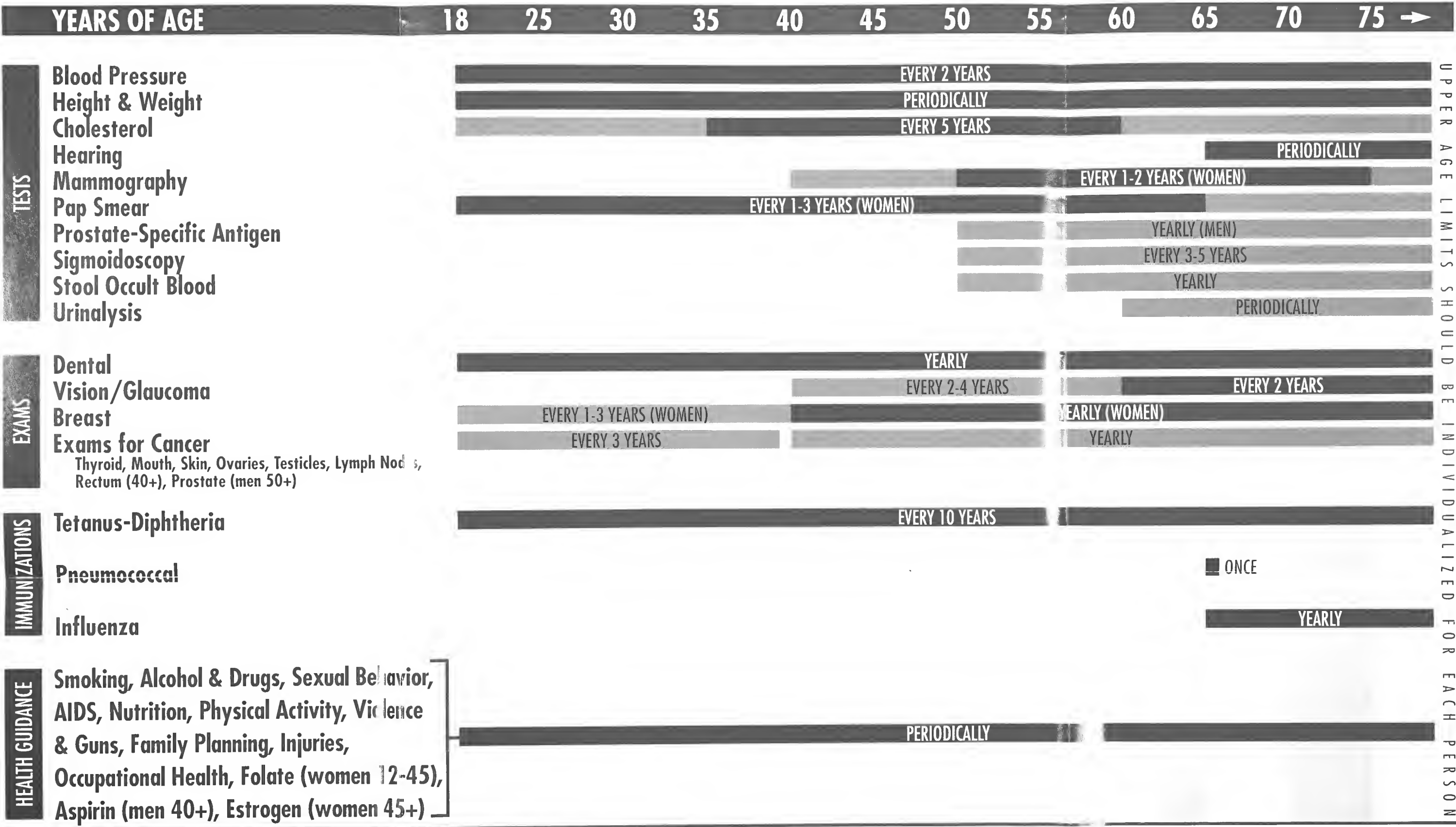


# Adult Preventive Care Timeline

Check-up visits with your doctor or other health care provider are important for your health. Most authorities recommend these visits every 1-3 years until age 65 and yearly thereafter. Talk with your doctor or other health care provider about the proper schedule of check-up visits for you. This chart shows the different types of preventive care you may need at each age.



Key: Recommended by all major authorities.  
 Recommended by some major authorities.

**Please Note:** Recommended intervals for each type of preventive care may vary among authorities. Individuals with special risk factors may need more frequent and additional types of preventive care. Some examples:

RISK FACTOR	PREVENTIVE SERVICE(S) NEEDED
Diabetes	Eye, foot exams, urine test
Drug abuse	AIDS, TB tests, hepatitis immunization
Alcoholism	Influenza, pneumococcal immunizations, TB test
Overweight	Blood sugar test
Homeless, recent refugee or immigrant	TB test
High-risk sexual behavior	AIDS, syphilis, gonorrhea, chlamydia tests

